

Friendship Contract:

Upon agreement as a group I..... promise to consider the following ground rules when spending time with my friends:

1. Do not ignore each other
2. No whispering about each other
3. No bitchiness / nastiness
4. No violence
5. No being two faced
6. No going around in circles
7. Use 'I' when talking about any problems you have with each other instead of accusing one another i.e. you did this...
8. Trust everyone – you all want the same thing 'to be friends'
9. Don't leave people out – remember how it feels when you are?

Remember these are your ground rules. It is a two-way street so we need to work together on this to try and resolve the issues you have identified taking place within your friendship group.

AGREEMENT:

I confirm that I played a part in setting the group ground rules. I will try my hardest to remember the agreement and start putting actions in to practice.

Date:

Signed: